



The Wilmington Tigers Coaching Biography

Jen Skinner – 4th - 5th Grade

I BEGAN PLAYING CYM BASKETBALL AT CORPUS CHRISTI GRADE SCHOOL IN 7TH GRADE. I ATTENDED ST. MARK'S HIGH SCHOOL AND INITIALLY PLAYED ON THE FRESHMAN AND JV TEAMS MY 9TH GRADE YEAR. FOR MY 10TH GRADE YEAR, I STARTED ON THE VARSITY TEAM. MY SPARTAN TEAM ADVANCED TO THE FINALS, AND DEFEATED URSULINE ACADEMY IN THE 1991 HIGH SCHOOL STATE TOURNAMENT. A DEFENSIVE BATTLE FROM THE START, THE SPARTANS OUTLASTED THE HIGH SCORING RAIDERS 31-29. I CONTINUED ON THE VARSITY TEAMS MY JUNIOR AND SENIOR YEARS, EARNING 1ST TEAM ALL CATHOLIC CONFERENCE. I WAS 2ND TEAM ALL-STATE MY SENIOR YEAR, AND WAS NAMED THE 1993 FEMALE ATHLETE OF THE YEAR AT ST. MARKS. I EARNED A FULL BASKETBALL SCHOLARSHIP TO WEST VIRGINIA WESLEYAN COLLEGE IN WEST VIRGINIA. I PLAYED FOUR YEARS OF COLLEGIATE BASKETBALL, PLAYING NUMEROUS GUARD POSITIONS.

I RETURNED TO DELAWARE IN 1997, AND BEGAN COACHING VARSITY BOYS BASKETBALL AT CORPUS CHRISTI ELEMENTARY SCHOOL. I COACHED THE VARSITY BOYS TEAMS FROM 1997 - 2001. I TOOK A COACHING HIATUS FROM 2001 - 2002 FOR THE BIRTH OF MY DAUGHTER. I RETURNED TO COACHING THE VARSITY BOYS TEAM AT CORPUS CHRISTI IN THE FALL OF 2002. I CONTINUED COACHING BOYS UNTIL 2006. I COACHED THE VARSITY GIRLS TEAMS AT CORPUS CHRISTI FOR TWO SEASONS, 2007-2008. SINCE 2009, I'VE BEEN COACHING 4TH GRADE GIRLS TEAMS AT CORPUS CHRISTI SCHOOL. I HAVE COACHED TEAMS TO 10-0 RECORDS, AND ALSO 0-10 RECORDS. MY MAIN OBJECTIVE IS TO HAVE THE PLAYERS I COACH PLAY AS MANY GAMES AS POSSIBLE. MY TEAMS PARTICIPATE IN THANKSGIVING, CHRISTMAS AND MARCH MADNESS TOURNAMENTS. I HAVE ALWAYS PLAYED IN THE HIGHEST CYM LEVELS AVAILABLE, AS I BELIEVE IN PLAYING AGAINST THE BEST COMPETITION, IN ORDER TO IMPROVE YOUR SKILLS.

MY COACHING PHILOSOPHY IS TO TEACH DISCIPLINED BASKETBALL. I BELIEVE IN TEACHING PLAYERS THE FUNDAMENTALS OF THE GAME, AS WELL AS NUMEROUS OFFENSES AND DEFENSES. I DO NOT LIKE PLAYING "CHAOTIC" BASKETBALL. I THINK ONE OF MY STRENGTHS IS TO ADAPT TO THE PLAYERS I COACH. WHETHER FIRST TIME PLAYERS, OR SEASONED VETERANS, EVERY PLAYER CAN LEARN FROM EACH OTHER, AND CAN PLAY

WITH EACH OTHER. I TEACH PLAYERS TO "CHALLENGE" EACH OTHER, AND TO "COMPETE". COMPETITION IN A HEALTHY ENVIRONMENT IS POSITIVE, AND WILL HELP EACH PLAYER GROW ON THE BASKETBALL COURT, AND IN LIFE.

I FEEL AAU IS AN IMPORTANT PART OF A PLAYERS GROWTH. PLAYERS WILL BE ASKED TO COMPETE IN PRACTICE AND IN GAMES. I ALSO WANT PLAYERS TO REALIZE YOU CAN HAVE FUN WHILE PLAYING, AND TO HOPEFULLY WALK OFF THE COURT AFTER EACH GAME KNOWING THEY GAVE 100%.